



Flynn Dining Commons

Week of Monday March 1

Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

7:00am-10:00am-Hot Breakfast
10:45am-2:00pm- Lunch
2:00pm-4:00pm-Midday Cafe
4:00pm-9:00pm-Dinner

Saturday - Sunday

8:30am-1:00pm- Hot Brunch
1:00pm-4:00pm-Midday Cafe
4:00pm-6:30pm-Dinner

Managers

Chef/Manager

Bart Huntley

508-697-3900

Assistant Manager

Dianne Witkowski

ext. 2164



Monday

Entree: Frizzled Ham 🍅🌿
Hard Cooked Eggs 🍅🌿
Oatmeal 🌻🍅

Tuesday

Entree: French Fried Tater Tots
Hard Cooked Eggs 🍅🌿
Oatmeal 🌻🍅

Wednesday

Entree: Banana Pancakes 🍅🍅
Egg & Cheese Biscuit w/Sausage
Sausage Patties 🌿
Scrambled Eggs 🍅🌿
Sliced Lyonnaise Potatoes 🍅🍅
Vanilla Belgian Waffles w/Berries 🍅

Thursday

Entree: Apple Pancakes 🍅
Corned Beef Hash 🌿
Egg & Cheese Bagel with Ham
Scrambled Eggs 🍅🌿
Vanilla Belgian Waffles w/Berries 🍅

Friday

Entree: Crisp Bacon 🌿
Egg & Cheese Bagel w/Bacon
Home Fried Potatoes
Scrambled Eggs 🍅🌿
Sourdough French Toast 🍅🌿
Vanilla Belgian Waffles w/Berries 🍅

Saturday

Sunday